

NEWS RELEASE

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Two First Aid at Sea Workshops to be Offered at Fishermen's Terminal Be prepared at sea for emergencies on the water.

SEATTLE - Washington Sea Grant and the Port of Seattle's Fishermen's Terminal are cosponsoring a hands-on First Aid at Sea workshops on Mon., Feb. 8 and Fri., Feb. 26 in the Nordby Room, Nordby Bldg, Fishermen's Terminal in Seattle.

These Coast Guard-approved courses for commercial fishermen and recreational boaters cover CPR, patient assessment, hypothermia, cold water survival, near drowning, shock, trauma, burns, fractures, choking, immobilization, and contents for first aid kits.

When: Mon., Feb. 8 or Fri., Feb. 26, 2016 8 a.m. to 5 p.m.

Where: Nordby Conference Room

Nordby Bldg Fishermen's Terminal Seattle

Fee: \$100 (\$50 for commercial fishermen)

To register for one of these workshops or for more information, contact Sarah Fisken, Washington Sea Grant, 206-543-1225 or sfisken@u.washington.edu

Washington Sea Grant, based at the University of Washington, provides statewide research, outreach, and education services addressing the challenges facing our ocean and coasts. The National Sea Grant College Program is part of the National Oceanic and Atmospheric Administration, U.S. Department of Commerce. www.wsg.washington.edu. Join the conversation: @WASeaGrant and Facebook.com/WaSeaGrant.